

October 2018 Monday	Tuesday	Wednesday	Thursday	Friday	Child's Name:
1 <ul style="list-style-type: none"> • Hamburger on Whole Wheat Bun • Baked Potato Wedges • Apple • Choice Milk 	2 <ul style="list-style-type: none"> • Whole Grain Chicken and Noodles • Mashed Potatoes, Gravy • Green beans • Peach half • Choice Milk 	3 <ul style="list-style-type: none"> • Whole Wheat-Warm Ham and Cheese Sliders • Fresh Baby Carrots • Pear Half • Choice Milk 	4 <ul style="list-style-type: none"> • Walking Taco • Refried Beans • Oranges • Chocolate Chip cookie • Choice Milk 	5 <ul style="list-style-type: none"> • Corndog on Stick • Banana • Corn • Cheese stick • Choice Milk 	Child's Grade:
8 <ul style="list-style-type: none"> • Chili • Peanut Butter WOW Sandwich • Corn • Baked Apples • Choice Milk 	9 <ul style="list-style-type: none"> • Spaghetti and Meatballs • Fresh Green Salad • Breadstix • Pear Half • Choice Milk 	10 <ul style="list-style-type: none"> • Whole Grain Chicken Strips • Baby Carrots • Oranges • Cheese Stick • Choice Milk 	11 <ul style="list-style-type: none"> • SACK LUNCH • Ham and Cheese Sandwich • Baked chips • Banana • Cookie • Choice Milk 	12 <ul style="list-style-type: none"> • NO SCHOOL 	Parent Signature:
15 <ul style="list-style-type: none"> • FALL BREAK 	16 <ul style="list-style-type: none"> • FALL BREAK 	17 <ul style="list-style-type: none"> • FALL BREAK 	18 <ul style="list-style-type: none"> • FALL BREAK 	19 <ul style="list-style-type: none"> • FALL BREAK 	Please place a check mark on the day your child WILL BE EATING. THANK YOU
22 <ul style="list-style-type: none"> • Broasted Chicken Legs • Whole grain macaroni and cheese • Green beans • Fresh Fruit • Choice Milk 	23 <ul style="list-style-type: none"> • Whole Grain Grilled Cheese with Marinara Dip • Applesauce • Peas • Choice Milk 	24 <ul style="list-style-type: none"> • Deli Ham and Cheese on Wheat Bread • Baked Chips • Baked Beans • Pear Half • Choice Milk 	25 <ul style="list-style-type: none"> • Whole Grain Cheese Pizza • Baked Potato Wedge • Banana • Choice Milk 	26 <ul style="list-style-type: none"> • Cheese Quesadilla • Marinara Sauce • Refried Beans • Strawberry banana yogurt • Banana Half • Choice Milk 	USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER
29 <ul style="list-style-type: none"> • Whole grain Spaghetti and Meatballs • Fresh Green Salad • Breadstix • Peach Half • Choice Milk 	30 <ul style="list-style-type: none"> • Hot dog on whole wheat bun • Baked Beans • Baby Carrots • Pear Half • Choice Milk 	31 <ul style="list-style-type: none"> • Whole Grain Chicken Nuggets • Roasted Chick Peas • Banana • Baked French Fries • Choice Milk 			